



# OS-Care™ Ostomy Leak Containment System (LCS)

## INSTRUCTIONS FOR USE



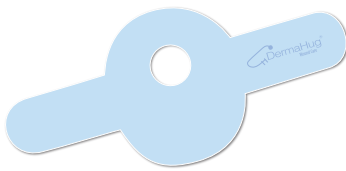
The OS-Care Ostomy Leak Containment System (LCS) is a silicone-backed Blue Ultra fabric, which can be used with one or two-piece ostomy pouches.

**Before you apply the OS-Care LCS for any application, prepare the peristomal skin as instructed by your wound care professional. Additionally, clean the skin before applying the LCS, ensuring it is free of any lotions, oils or powders and completely dry.**

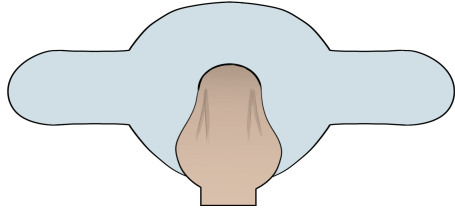
Note: Many patients prefer to remove the blue backing from the LCS before its final placement. The sequence is totally up to the individual. Do what works better for you.

**ONE-Piece Application** - For the one-piece ostomy pouch, there are two ways to insert the pouch into the LCS: 1) Thread Assembly or (2) Thread & Apply.

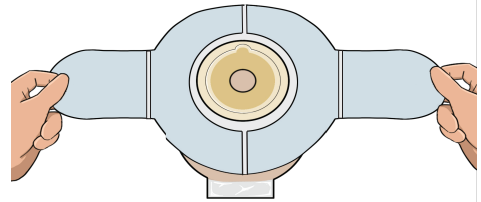
### Thread, Assemble & Apply



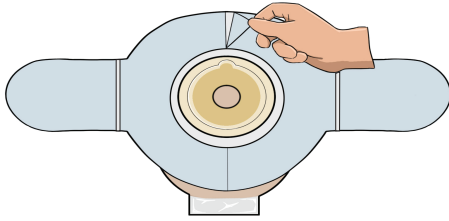
1. If the hole in the LCS is not large enough to accommodate your pouch system, with a sharp scissors, cut the hole slightly smaller than the flange of your system. (The LCS will stretch around the flange.)



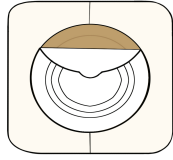
2. With the blue lining intact on the OS-Care LCS, thread the flange of the ostomy pouch through the hole, ensuring the LCS is completely under the flange.



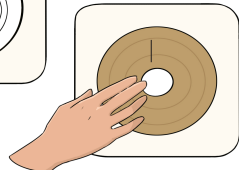
3. With fabric side down, stretch the LCS to expose the slits in the backing.



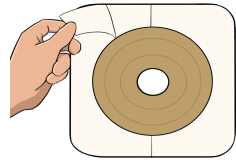
4. Grasping the backing at the slit, gently pull the liner to completely remove the blue backing.



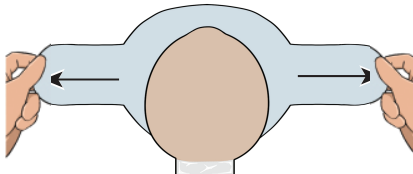
5. Remove the backing from the flange to expose the hydrocolloid.



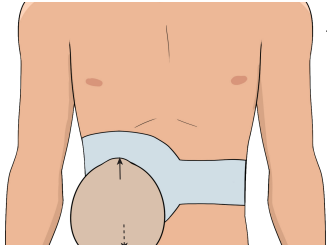
Reshape the hydrocolloid, if necessary.



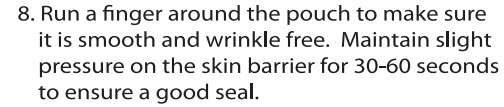
Remove the white liner from the shield.



6. Stretching slightly from both sides, gently place the LCS with the inserted flange and pouch over the stoma and affix to the skin.



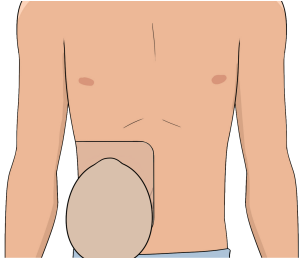
7. Then gently stretch it up toward the breasts and down toward the legs, smoothing the LCS down to the skin to remove any wrinkles or bubbles.



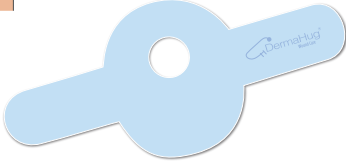
8. Run a finger around the pouch to make sure it is smooth and wrinkle free. Maintain slight pressure on the skin barrier for 30-60 seconds to ensure a good seal.

### Thread & Apply

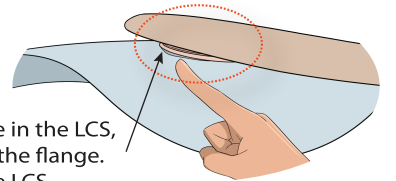
Patient applies pouch first, then applies the OS-Care LCS



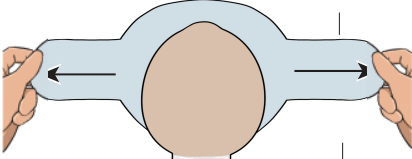
1. Apply your one-piece pouch system over your stoma.



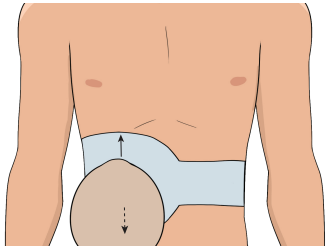
2. If the hole in the LCS is not large enough to accommodate your pouch system, with a sharp scissors, cut the hole slightly smaller than the flange of your system. (The LCS will stretch around the flange.)



3. Thread the pouch you're wearing through the hole in the LCS, ensuring the LCS is completely around **and** under the flange. Finesse the ostomy pouch to make it lay flat on the LCS.



4. Completely remove the blue liner and gently stretch to each side then attach the LCS to the skin.



5. Then gently stretch it up toward the breasts and down toward the legs, smoothing the LCS down to the skin to remove any wrinkles or bubbles.